

*Discover how to harness the power of the four energies within you  
which are waiting to be ignited...*

## **LEARN HOW TO UNLOCK YOUR PERSONAL POWER...**

One Day Workshop

Date: Monday, September 13th 10am – 3pm

Venue: The Arriba Wellness Centre, Alvaston Business Park,  
Nantwich, CW5 6PF

Investment: £65.00 (includes lunch)

If you've heard of the "Law of Attraction", or you've read the worldwide bestseller, "The Secret", you're probably really excited at the idea of being able to manifest the destiny of your dreams...

Sadly however, many people find their sense of excitement quickly turns to frustration and disappointment – as their aspirations fail to materialize in any meaningful way in their lives.

Living a "powerful life as a co-creator" only comes when we learn to harness both our "light" and "dark" sides AND get comfortable with embracing our "masculine" and "feminine" energies.

Naturally, we all have these four aspects to our personalities but until we're aware of how to tap into their positive power, we often end up being at the mercy of their negative qualities. If you've ever experienced difficulties in your relationships, career, health, wealth or happiness then you've already experienced what it's like to be "not in your personal power"...and this is the definitely the right workshop for you!



**Call 07779 050307  
to book your place!**

*Leading the workshop are Olivia  
Stefanino (left) international author and  
spiritual teacher and Tianne Croshaw  
(right), personal excellence coach and  
hypnotherapist*

